



RED SEAL EXAM

SELF-ASSESSMENT GUIDE

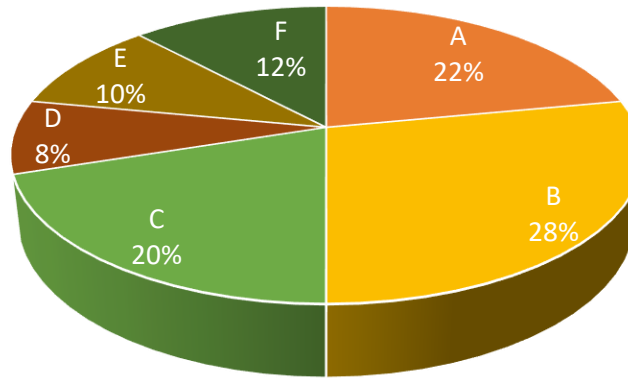
PAINTER AND DECORATOR



Red Seal Exam Weighting

This pie chart represents the distribution of questions on the Red Seal Exam. The self-assessment on the next pages shows the Tasks and Sub-tasks within each Block and the number of questions assigned to each Block and Task.

The Red Seal Exam for this trade has 130 questions.



	Block / Exam Section	Percentage of Questions	Number of Questions out of 130
A	Common Occupational Skills	22%	29
B	Surface Preparation	28%	36
C	Residential, Institutional and Commercial Paints and Coatings	20%	26
D	Wall Coverings	8%	10
E	Wood Finishes	10%	13
F	Industrial Paints and Coatings	12%	16

Breakdown of Red Seal Exam Questions and Self-Assessment

Rate your own understanding and experience with each task. Look at the activities that make up each task and consider your experience with them of them when rating yourself. Be honest!

- **LOW** I have **no or very little understanding or experience** in this activity
- **MEDIUM** I **understand** this activity and have **some experience** doing it in **limited** situations
- **HIGH** I have a **very good understanding** of this activity and am **fully competent** in doing it in **many** situations

This is not intended to accurately predict how you will actually do on the exam – there may be areas where you are over-confident or under-confident. But it should give you an idea of your strengths and weaknesses.

After you rate your own knowledge and experience as **LOW**, **MEDIUM** or **HIGH**, check how many questions there are and write down how many you think you will get correct.

LOW, you may not get many of those questions right.

MEDIUM, you might get some right.

HIGH, you expect to be able to get most of those questions right.

Comparing your scores with the number of questions on the exam will help you identify which areas you need to prepare the most. Add up your scores from each section to get an idea of your overall readiness for the exam.

	● LOW Understanding / Experience	● MEDIUM Understanding / Experience	● HIGH Understanding / Experience	Number of questions on the Red Seal exam	Based on your self-rating, how many of the questions do you think you will get correct?
A - Common Occupational Skills					
1. Performs safety-related functions. 1.01 Uses personal protective equipment (PPE) and safety equipment. 1.02 Maintains safe work environment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	6	<input type="text"/>
2. Uses and maintains tools and equipment. 2.01 Maintains tools and equipment. 2.02 Uses rigging, hoisting and lifting equipment. 2.03 Uses access equipment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	9	<input type="text"/>
3. Performs routine trade practices. 3.01 Uses documentation. 3.02 Determines project requirements. 3.03 Plans job. 3.04 Protects surroundings. 3.05 Handles materials.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	7	<input type="text"/>

	● LOW Understanding / Experience	● MEDIUM Understanding / Experience	● HIGH Understanding / Experience	Number of questions on the Red Seal exam	Based on your self-rating, how many of the questions do you think you will get correct?
4. Performs quality control assessments. 4.01 Assesses substrate conditions and deficiencies. 4.02 Assesses product conditions and deficiencies. 4.03 Assesses quality of painted or coated surfaces and wall coverings.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	7	
Total number of questions for this section:				29	SUM OF YOUR EXPECTED CORRECT ANSWERS

	● LOW Understanding / Experience	● MEDIUM Understanding / Experience	● HIGH Understanding / Experience	Number of questions on the Red Seal exam	Based on your self-rating, how many of the questions do you think you will get correct?
B - Surface Preparation					
5. Performs general surface preparation. 5.01 Removes existing paints and coatings. 5.02 Removes existing wall coverings and adhesives. 5.03 Cleans surfaces. 5.04 Primes surfaces. 5.05 Sands surfaces. 5.06 Applies caulking.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	11	<input type="text"/>
6. Prepares wood surfaces for paints, coatings and wall coverings. 6.01 Treats wood surfaces. 6.02 Repairs imperfections in wood.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	6	<input type="text"/>
7. Prepares concrete and masonry surfaces. 7.01 Mechanically treats concrete and masonry surfaces. 7.02 Chemically treats concrete and masonry surfaces. 7.03 Repairs concrete and masonry surfaces.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	5	<input type="text"/>

	● LOW Understanding / Experience	● MEDIUM Understanding / Experience	● HIGH Understanding / Experience	Number of questions on the Red Seal exam	Based on your self-rating, how many of the questions do you think you will get correct?
8. Prepares metal surfaces. 8.01 Treats metal surfaces. 8.02 Repairs metal surfaces.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	6	<input type="text"/>
9. Prepares plaster surfaces and drywall. 9.01 Repairs existing plaster surfaces and drywall. 9.02 Finishes new drywall.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	8	<input type="text"/>
Total number of questions for this section:				36	SUM OF YOUR EXPECTED CORRECT ANSWERS <input type="text"/>

	● LOW Understanding / Experience	● MEDIUM Understanding / Experience	● HIGH Understanding / Experience	Number of questions on the Red Seal exam	Based on your self-rating, how many of the questions do you think you will get correct?
C - Residential, Institutional and Commercial Paints and Coatings					
10. Prepares for application of residential, institutional and commercial paints and coatings. 10.01 Prepares residential, institutional and commercial paints and coatings. 10.02 Installs residential, institutional and commercial reinforcing mesh.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	9	
11. Applies residential, institutional and commercial paints and coatings. 11.01 Applies residential, institutional and commercial paints and coatings with brushes. 11.02 Applies residential, institutional and commercial paints and coatings with rollers. 11.03 Applies residential, institutional and commercial paints and coatings with applicators. (NOT COMMON CORE) 11.04 Applies residential, institutional and commercial paints and coatings with spray equipment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	12	

	● LOW Understanding / Experience	● MEDIUM Understanding / Experience	● HIGH Understanding / Experience	Number of questions on the Red Seal exam	Based on your self-rating, how many of the questions do you think you will get correct?
12. Applies decorative/ specialty finishes. 12.01 Applies paints and coatings using decorative techniques. 12.02 Creates faux finishes. 12.03 Applies gilding. 12.04 Applies stencils and graphics. 12.05 Creates textured finishes. 12.06 Applies multi-spec coatings.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	5	
Total number of questions for this section:				26	SUM OF YOUR EXPECTED CORRECT ANSWERS

	● LOW Understanding / Experience	● MEDIUM Understanding / Experience	● HIGH Understanding / Experience	Number of questions on the Red Seal exam	Based on your self-rating, how many of the questions do you think you will get correct?
D - Wall Coverings					
13. Prepares for application of wall coverings. 13.01 Treats surfaces for wall coverings. 13.02 Lays out surface. 13.03 Prepares wall coverings.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	4	<input type="text"/>
14. Applies wall coverings. 14.01 Applies adhesives. 14.02 Installs vinyl wall coverings. 14.03 Installs fabric and natural material wall coverings. 14.04 Installs rigid wall coverings. 14.05 Repairs existing wall coverings.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	6	<input type="text"/>
Total number of questions for this section:				10	SUM OF YOUR EXPECTED CORRECT ANSWERS <input type="text"/>

	● LOW Understanding / Experience	● MEDIUM Understanding / Experience	● HIGH Understanding / Experience	Number of questions on the Red Seal exam	Based on your self-rating, how many of the questions do you think you will get correct?
E - Wood Finishes					
15. Prepares for wood finishing applications. 15.01 Conditions wood surfaces. 15.02 Applies wood fillers. 15.03 Seals wood surfaces. 15.04 Prepares wood finishing products.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	7	<input type="text"/>
16. Finishes wood surfaces. 16.01 Brushes on wood finishes. 16.02 Wipes on wood finishes. 16.03 Sprays on wood finishes.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	6	<input type="text"/>
Total number of questions for this section:				13	SUM OF YOUR EXPECTED CORRECT ANSWERS <input type="text"/>

	● LOW Understanding / Experience	● MEDIUM Understanding / Experience	● HIGH Understanding / Experience	Number of questions on the Red Seal exam	Based on your self-rating, how many of the questions do you think you will get correct?
F - Industrial Paints and Coatings					
17. Prepares for application of industrial paints and coatings. 17.01 Prepares industrial paints and coatings. 17.02 Installs fibre reinforced plastics (FRP).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	8	<input type="text"/>
18. Applies industrial paints and coatings. 18.01 Applies industrial paints and coatings with hand tools. 18.02 Applies industrial paints and coatings with power tools.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	8	<input type="text"/>
Total number of questions for this section:				16	SUM OF YOUR EXPECTED CORRECT ANSWERS <input type="text"/>
Now, add up the totals you gave yourself for each section.				TOTAL NUMBER OF QUESTIONS 130	MY EXPECTED TOTAL <input type="text"/>

Interpreting your Self-Assessment

What score did you give yourself?

Divide it by the number of questions to get a percentage.

The passing mark for the Red Seal exam is 70%. If you rated yourself higher than that overall, you feel pretty confident that your experience and knowledge in the trade are good enough for a pass. However, remember that this self-assessment is just a guide. We still encourage you to develop a study plan and to consider the areas where you rated yourself as less confident.

If your overall score is less than 70%, you might have more work to do. Look more closely at your scores section by section. What are the areas where you have the most to gain?

Look over the Red Seal Exam Preparation Guide for more advice.