



RED SEAL EXAM

SELF-ASSESSMENT GUIDE

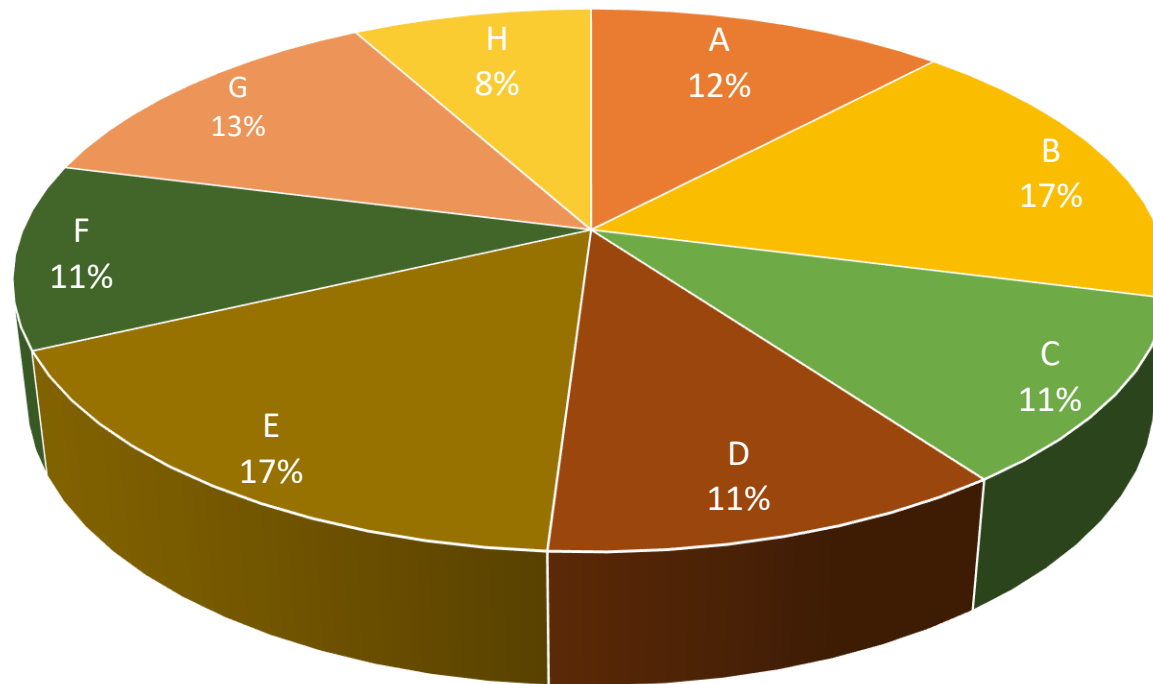
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Red Seal Exam Weighting

This pie chart represents the distribution of questions on the Red Seal Exam. The self-assessment on the next pages shows the Tasks and Sub-tasks within each Major Work Activity and the number of questions assigned to each Major Work Activity and Task.

The Red Seal Exam for this trade has 120 questions.



	Major Work Activity / Exam Section	Percentage of Questions	Number of Questions out of 120
A	Performs common occupational skills	12%	16
B	Performs machining	17%	19
C	Performs forming and laminating	11%	13
D	Installs veneers and laminates	11%	14
E	Performs shop assembly	17%	20
F	Performs finishing	11%	14
G	Performs on-site assembly and installation	13%	15
H	Performs specialized operations	8%	19

Breakdown of Red Seal Exam Questions and Self-Assessment

Rate your own understanding and experience with each task. Look at the activities that make up each task and consider your experience with them of them when rating yourself. Be honest!

- **LOW** I have **no or very little understanding or experience** in this activity
- **MEDIUM** I **understand** this activity and have **some experience** doing it in **limited** situations
- **HIGH** I have a **very good understanding** of this activity and am **fully competent** in doing it in **many** situations

This is not intended to accurately predict how you will actually do on the exam – there may be areas where you are over-confident or under-confident. But it should give you an idea of your strengths and weaknesses.

After you rate your own knowledge and experience as **LOW**, **MEDIUM** or **HIGH**, check how many questions there are and write down how many you think you will get correct.

LOW, you may not get many of those questions right.

MEDIUM, you might get some right.

HIGH, you expect to be able to get most of those questions right.

Comparing your scores with the number of questions on the exam will help you identify which areas you need to prepare the most. Add up your scores from each section to get an idea of your overall readiness for the exam.

	● LOW Understanding / Experience	● MEDIUM Understanding / Experience	● HIGH Understanding / Experience	Number of questions on the Red Seal exam	Based on your self-rating, how many of the questions do you think you will get correct?
A - Performs common occupational skills					
1. Performs safety-related functions 1.01 Maintains safe work environment 1.02 Uses personal protective equipment (PPE) and safety equipment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	2	<input type="text"/>
2. Maintains tools and equipment 2.01 Maintains hand, portable power and pneumatic tools and equipment 2.02 Maintains stationary power tools 2.03 Maintains automated and computer numerical control (CNC) equipment 2.04 Maintains finishing equipment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	4	<input type="text"/>
3. Organizes work 3.01 Interprets prints and drawings 3.02 Plans project 3.03 Creates design 3.04 Performs layout of cabinets, furniture and architectural millwork	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	4	<input type="text"/>

	● LOW Understanding / Experience	● MEDIUM Understanding / Experience	● HIGH Understanding / Experience	Number of questions on the Red Seal exam	Based on your self-rating, how many of the questions do you think you will get correct?
4. Performs routine work practices 4.01 Handles materials, supplies and products 4.02 Fabricates jigs and templates 4.03 Builds prototypes 4.04 Dry-fits components 4.05 Selects hardware 4.06 Selects adhesives and fasteners	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	4	<input type="text"/>
5. Uses communication and mentoring techniques 5.01 Uses communication techniques 5.02 Uses mentoring techniques	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	2	<input type="text"/>
Total number of questions for this section:				16	SUM OF YOUR EXPECTED CORRECT ANSWERS <input type="text"/>

	● LOW Understanding / Experience	● MEDIUM Understanding / Experience	● HIGH Understanding / Experience	Number of questions on the Red Seal exam	Based on your self-rating, how many of the questions do you think you will get correct?
B - Performs machining					
6. Machines components using stationary and portable power tools 6.01 Breaks out solid wood 6.02 Dresses solid wood 6.03 Shapes solid wood 6.04 Breaks out sheet materials 6.05 Machines sheet materials 6.06 Machines joints 6.07 Performs preliminary sanding	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	14	
7. Machines components using automated and CNC equipment 7.01 Sets up automated and CNC equipment 7.02 Operates automated and CNC equipment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	5	
Total number of questions for this section:				19	SUM OF YOUR EXPECTED CORRECT ANSWERS

	● LOW Understanding / Experience	● MEDIUM Understanding / Experience	● HIGH Understanding / Experience	Number of questions on the Red Seal exam	Based on your self-rating, how many of the questions do you think you will get correct?
C - Performs forming and laminating					
8. Creates curved components using wood and composite materials 8.01 Builds forms 8.02 Performs curved laminating 8.03 Steam-forms wood	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	6	
9. Laminates wood and composite materials 9.01 Arranges materials for laminating 9.02 Applies adhesive for laminating 9.03 Clamps pieces together	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	7	
					SUM OF YOUR EXPECTED CORRECT ANSWERS
Total number of questions for this section:				13	

	● LOW Understanding / Experience	● MEDIUM Understanding / Experience	● HIGH Understanding / Experience	Number of questions on the Red Seal exam	Based on your self-rating, how many of the questions do you think you will get correct?
D - Installs veneers and laminates					
10. Applies veneers 10.01 Selects veneers 10.02 Prepares veneer and substrate 10.03 Adheres veneers to substrates 10.04 Performs final clean-up of veneered panels	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	7	
11. Applies laminate sheets 11.01 Selects laminate sheets 11.02 Prepares laminate sheets and substrate 11.03 Adheres laminate sheets to substrate 11.04 Performs final clean-up of laminated sheets	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	7	
Total number of questions for this section:				14	SUM OF YOUR EXPECTED CORRECT ANSWERS

	● LOW Understanding / Experience	● MEDIUM Understanding / Experience	● HIGH Understanding / Experience	Number of questions on the Red Seal exam	Based on your self-rating, how many of the questions do you think you will get correct?
E - Performs shop assembly					
12. Assembles cabinets and furniture 12.01 Assembles cabinet components 12.02 Assembles furniture components 12.03 Combines cabinet and furniture components into final assemblies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	11	<input type="text"/>
13. Assembles architectural millwork products 13.01 Assembles architectural millwork components in shop 13.02 Assembles architectural fixtures in shop	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	9	<input type="text"/>
Total number of questions for this section:				20	SUM OF YOUR EXPECTED CORRECT ANSWERS <input type="text"/>

	● LOW Understanding / Experience	● MEDIUM Understanding / Experience	● HIGH Understanding / Experience	Number of questions on the Red Seal exam	Based on your self-rating, how many of the questions do you think you will get correct?
F - Performs finishing					
14. Prepares surface for finishing 14.01 Repairs imperfections 14.02 Prepares parts for finishing 14.03 Performs final sanding of surfaces	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	7	<input type="text"/>
15. Finishes wood products 15.01 Prepares finishing materials 15.02 Applies finishing material manually 15.03 Sprays on finishing material	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	7	<input type="text"/>
Total number of questions for this section:				14	SUM OF YOUR EXPECTED CORRECT ANSWERS <input type="text"/>

	● LOW Understanding / Experience	● MEDIUM Understanding / Experience	● HIGH Understanding / Experience	Number of questions on the Red Seal exam	Based on your self-rating, how many of the questions do you think you will get correct?
G - Performs on-site assembly and installation					
16. Modifies products to site conditions 16.01 Cuts access holes on site 16.02 Scribes product to fit on site	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	4	<input type="text"/>
17. Installs cabinets and countertops 17.01 Performs final on-site assembly and fastening of cabinets and countertops 17.02 Finalizes installation of cabinets and countertops	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	6	<input type="text"/>
18. Installs architectural millwork products and mouldings 18.01 Performs final on-site assembly and fastening of architectural millwork products 18.02 Installs mouldings 18.03 Finalizes installation of architectural millwork products and mouldings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	5	<input type="text"/>
Total number of questions for this section:				15	SUM OF YOUR EXPECTED CORRECT ANSWERS <input type="text"/>

	● LOW Understanding / Experience	● MEDIUM Understanding / Experience	● HIGH Understanding / Experience	Number of questions on the Red Seal exam	Based on your self-rating, how many of the questions do you think you will get correct?
H - Performs specialized operations					
19. Builds stairs and balustrades 19.01 Lays out stair and balustrade components 19.02 Machines stair and balustrade components 19.03 Assembles stairs and balustrades 19.04 Installs stairs and balustrades	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	3	<hr/>
20. Works with solid surface material and custom countertops 20.01 Breaks out materials 20.02 Fabricates solid surface material 20.03 Installs solid surface material	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	3	<hr/>
21. Creates decorative woodwork 21.01 Performs marquetry (NOT COMMON CORE) 21.02 Performs carving (NOT COMMON CORE) 21.03 Performs woodturning	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1	<hr/>

	● LOW Understanding / Experience	● MEDIUM Understanding / Experience	● HIGH Understanding / Experience	Number of questions on the Red Seal exam	Based on your self-rating, how many of the questions do you think you will get correct?
22. Restores woodwork 22.01 Repairs woodwork for restoration purposes 22.02 Refinishes woodwork	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	2	<input type="text"/>
Total number of questions for this section:				9	SUM OF YOUR EXPECTED CORRECT ANSWERS <input type="text"/>
Now, add up the totals you gave yourself for each section.				TOTAL NUMBER OF QUESTIONS 120	MY EXPECTED TOTAL <input type="text"/>

Interpreting your Self-Assessment

What score did you give yourself?

Divide it by the number of questions to get a percentage.

The passing mark for the Red Seal exam is 70%. If you rated yourself higher than that overall, you feel pretty confident that your experience and knowledge in the trade are good enough for a pass. However, remember that this self-assessment is just a guide. We still encourage you to develop a study plan and to consider the areas where you rated yourself as less confident.

If your overall score is less than 70%, you might have more work to do. Look more closely at your scores section by section. What are the areas where you have the most to gain?

Look over the Red Seal Exam Preparation Guide for more advice.