



RED SEAL EXAM

SELF-ASSESSMENT GUIDE

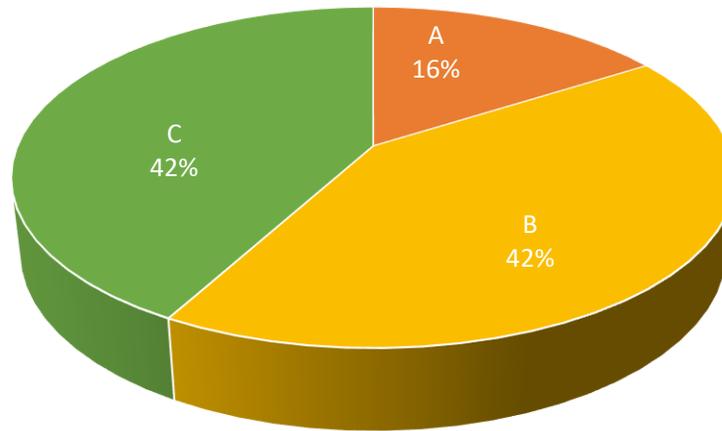
AUTOMOTIVE REFINISHING TECHNICIAN



Red Seal Exam Weighting

This pie chart represents the distribution of questions on the Red Seal Exam. The self-assessment on the next pages shows the Tasks and Sub-tasks within each Major Work Activity and the number of questions assigned to each Major Work Activity and Task.

The Red Seal Exam for this trade has 120 questions.



	Major Work Activity / Exam Section	Percentage of Questions	Number of Questions out of 120
A	Performs Common Occupational Skills	16%	20
B	Performs Preparation	42%	50
C	Performs Refinishing Procedures	42%	50

Breakdown of Red Seal Exam Questions and Self-Assessment

Rate your own understanding and experience with each task. Look at the activities that make up each task and consider your experience with them of them when rating yourself. Be honest!

- **LOW** I have **no or very little understanding or experience** in this activity
- **MEDIUM** I **understand** this activity and have **some experience** doing it in **limited** situations
- **HIGH** I have a **very good understanding** of this activity and am **fully competent** in doing it in **many** situations

This is not intended to accurately predict how you will actually do on the exam – there may be areas where you are over-confident or under-confident. But it should give you an idea of your strengths and weaknesses.

After you rate your own knowledge and experience as **LOW**, **MEDIUM** or **HIGH**, check how many questions there are and write down how many you think you will get correct.

LOW, you may not get many of those questions right.

MEDIUM, you might get some right.

HIGH, you expect to be able to get most of those questions right.

Comparing your scores with the number of questions on the exam will help you identify which areas you need to prepare the most. Add up your scores from each section to get an idea of your overall readiness for the exam.

	● LOW Understanding / Experience	● MEDIUM Understanding / Experience	● HIGH Understanding / Experience	Number of questions on the Red Seal exam	Based on your self-rating, how many of the questions do you think you will get correct?
A – Performs Common Occupational Skills					
Task A-1 Performs safety-related functions 1.01 Maintains safe workplace 1.02 Uses personal protective equipment (PPE) and safety equipment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	4	<input type="text"/>
Task A-2 Maintains tools and equipment 2.01 Maintains hand and power tools 2.02 Maintains spray booth 2.03 Maintains spray equipment 2.04 Maintains mixing equipment 2.05 Maintains shop equipment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	8	<input type="text"/>
Task A-3 Organizes work 3.01 Uses documentation 3.02 Performs inspections 3.03 Contributes to development of repair plan 3.04 Organizes refinish production schedule	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	6	<input type="text"/>

	● LOW Understanding / Experience	● MEDIUM Understanding / Experience	● HIGH Understanding / Experience	Number of questions on the Red Seal exam	Based on your self-rating, how many of the questions do you think you will get correct?
Task A-4 Uses communication and mentoring techniques 4.01 Uses communication techniques 4.02 Uses mentoring techniques	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	2	
Total number of questions for this section:				20	SUM OF YOUR EXPECTED CORRECT ANSWERS

	● LOW Understanding / Experience	● MEDIUM Understanding / Experience	● HIGH Understanding / Experience	Number of questions on the Red Seal exam	Based on your self-rating, how many of the questions do you think you will get correct?
B – Performs Preparation					
Task B-5 Prepares surface 5.01 Performs initial preparation 5.02 Masks surface 5.03 Strips surface 5.04 Sands surface	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	32	<input type="text"/>
Task B-6 Uses repair materials 6.01 Mixes repair materials 6.02 Applies repair materials 6.03 Applies protective coating	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	18	<input type="text"/>
Total number of questions for this section:				50	SUM OF YOUR EXPECTED CORRECT ANSWERS <input type="text"/>

	● LOW Understanding / Experience	● MEDIUM Understanding / Experience	● HIGH Understanding / Experience	Number of questions on the Red Seal exam	Based on your self-rating, how many of the questions do you think you will get correct?
C – Performs Refinishing Procedures					
Task C-7 Prepares refinishing equipment 7.01 Prepares spray booth 7.02 Performs spray gun setup	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	8	<hr/>
Task C-8 Prepares refinishing materials 8.01 Mixes refinishing materials 8.02 Performs colour adjustments	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	14	<hr/>
Task C-9 Applies refinishing materials 9.01 Applies sealers 9.02 Applies base coat 9.03 Applies single-stage paint 9.04 Applies clear coat	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	20	<hr/>

	● LOW Understanding / Experience	● MEDIUM Understanding / Experience	● HIGH Understanding / Experience	Number of questions on the Red Seal exam	Based on your self-rating, how many of the questions do you think you will get correct?
Task C-10 Performs post-refinishing functions 10.01 Removes masking materials 10.02 Corrects surface imperfections 10.03 Performs final check	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	8	<input type="text"/>
Total number of questions for this section:				50	SUM OF YOUR EXPECTED CORRECT ANSWERS <input type="text"/>
Now, add up the totals you gave yourself for each section.				TOTAL NUMBER OF QUESTIONS 120	MY EXPECTED TOTAL <input type="text"/>

Interpreting your Self-Assessment

What score did you give yourself?

Divide it by the number of questions to get a percentage.

The passing mark for the Red Seal exam is 70%. If you rated yourself higher than that overall, you feel pretty confident that your experience and knowledge in the trade are good enough for a pass. However, remember that this self-assessment is just a guide. We still encourage you to develop a study plan and to consider the areas where you rated yourself as less confident.

If your overall score is less than 70%, you might have more work to do. Look more closely at your scores section by section. What are the areas where you have the most to gain?

Look over the Red Seal Exam Preparation Guide for more advice.